

## INDOOR TRAINING 2012

**TUESDAYS** COACHES & SOUTH  
**WEDNESDAY** UNDER 8'S & UNDER 10'S  
**THURSDAY** UNDER 9'S & UNDER 15'S

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### **WEEK 1**

JAN 10TH COACHES

JAN 11TH UNDER 10'S

JAN 12TH UNDER 15'S

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### **WEEK 2**

JAN 17TH SOUTH

JAN 18TH UNDER 8'S

JAN 19TH UNDER 9'S

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### **WEEK 3**

JAN 24TH COACHES

JAN 25TH UNDER 10'S

JAN 26TH UNDER 15'S

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### **WEEK 4**

JAN 31ST SOUTH

FEB 1ST UNDER 8'S

FEB 2ND UNDER 9'S

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### **WEEK 5**

FEB 7TH COACHES

FEB 8TH UNDER 10'S

FEB 9TH UNDER 15'S

**INDOOR TRAINING FINISHES FOR THIS SEASON**